

Event Fact Sheet

It's a Knockout

Duration:	90 to 180 minutes
Guest Numbers:	10 - 200
Requirements:	Flat open field or lawn

It's a Knockout is a highly visual and entertaining session of team building activities with the emphasis very much on participation, interaction and laughter.



Having been divided into teams, the event commences with everyone participating in a lively aerobic warm up session, delivered by our Comperè and demonstrated by our own in house dance team!

After bodies have been warmed and muscles gently stretched, teams will move to their first game. These have been carefully and imaginatively designed to enable full participation by everyone regardless of sporting and fitness levels. Each team competes head to head against another team on each activity, trying to maximize their score before moving onto the next game.

An exciting blend of inflatable games and bonus fun rounds, It's a Knockout will energise and motivate guests to work together in a fun and entertaining environment. This is truly a day to remember.